

# OUR HISTORY...

*Reflects our Commitment*

The Gándara Addiction Recovery Program has delivered services to the Latino Community since 1984. The program began as a 20-bed program designed to treat the Spanish-speaking alcohol dependent male who was vastly underserved. In 1987, services were expanded to serve the injection drug user with a language barrier. Progressively two years later, in 1989, the growing number of women accessing local detox units challenged programs to become co-ed and women were admitted for substance abuse treatment. During the late 1980's the Gándara Center submitted a successful application for Charter 689 Funds, which led to the construction of a 30-room, ADA facility. These funds provided a unique opportunity to partner with the city and Springfield Housing Authority and certify the facility as "transitional housing." It also offered our homeless Alumni prioritized housing. In addition, the move allowed for expanded bed capacity. In 1990, La Casita moved into its current location. The term of endearment "La Casita" was given by the Latino Community reflects ownership and appreciation.

# CONTACT US

## Gándara Addiction Recovery Program (GARP)

413-781-2234

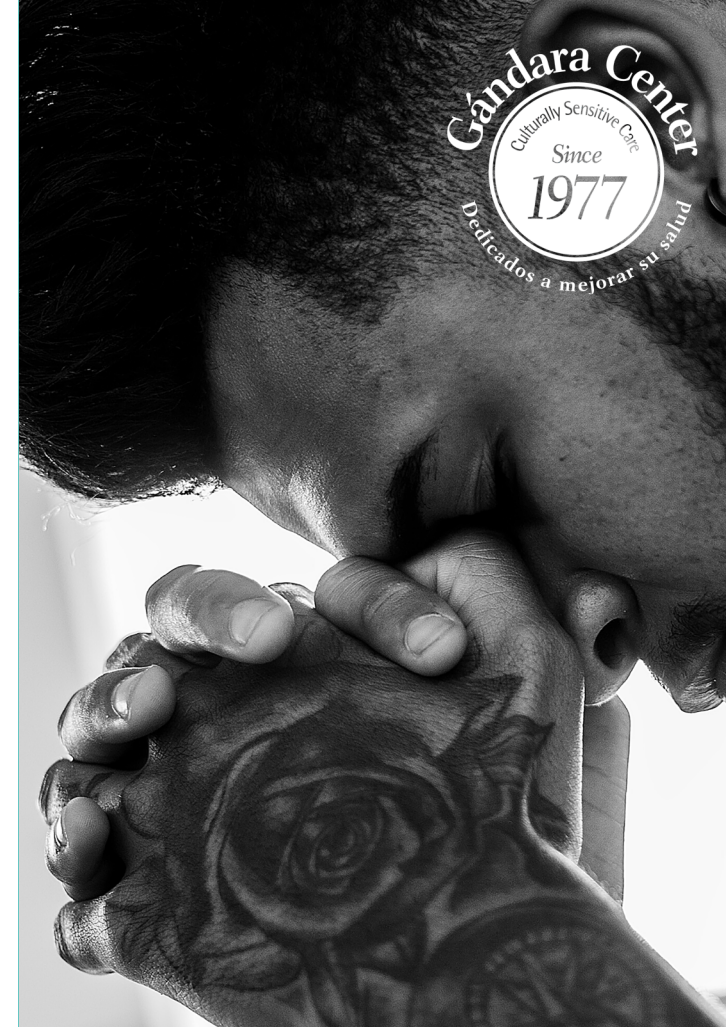
Fax: 413-734-9159



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## GÁNDARA ADDICTION RECOVERY PROGRAM (GARP)

*Recovery Services for Spanish-Speaking Men*



## ADMISSION CRITERIA

- Age 18 years or older
- Resident of Massachusetts
- Priority for admission includes: Hispanic, African American, LGBTQ, homeless, involved with the criminal justice system, with disabilities, and/or living with HIV/AIDS
- Demonstrate a commitment to sobriety
- Demonstrate an understanding that participation includes the development of a treatment plan
- Be willing to complete an eligibility assessment
- Applicants on Medication Assisted Treatment or other medications will not be denied treatment



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## STAGES ARE MILESTONES

*Treatment is structured into the following stages:*

1. Assessment
2. Adjustment
3. Exploration
4. Self-Management
5. Community Re-Integration



## SERVICES

*Delivered in a Language  
You Can Understand*

Upon admission, each client is enrolled in a full substance use and mental health assessment. During this time we strive to acclimate and engage the individual in treatment. The treatment environment offers a structured schedule of activities,

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which include clinical services, case management and recreational services. Clinical services include individual and group counseling, on-site mental health counseling, psychiatric assessments, medication monitoring, psycho-educational sessions on substance use, HIV/AIDS and other chronic medical disorders, harm reduction, relapse prevention, introduction and affiliation to Narcotics Anonymous (NA) and Alcoholics Anonymous (AA).

Case management services include service coordination with Health-care providers, criminal justice monitoring and referrals, court case proceeding assistance, and educational and vocational skills training. Consumers manage the program through a Resident Advisory Committee, which oversees meal preparation and plan community activities.

ADA accommodations available.

