## PEERS HELPING PEERS

Learning a new way of life...

Stairway to Recovery Peer Engagement Center gives those in recovery the support and access to the tools they need to enhance a life free from alcohol and other drugs. A safe environment where peers can come together and find growth, explore life's opportunities, give back to the community, participate in recovery focused groups, recovery oriented social activities, perform outreach, and many other great offerings of recovery.



A place where all paths of recovery are respected.

### **CONTACT US**



Your Path to Recovery Starts Here!

774-257-5660

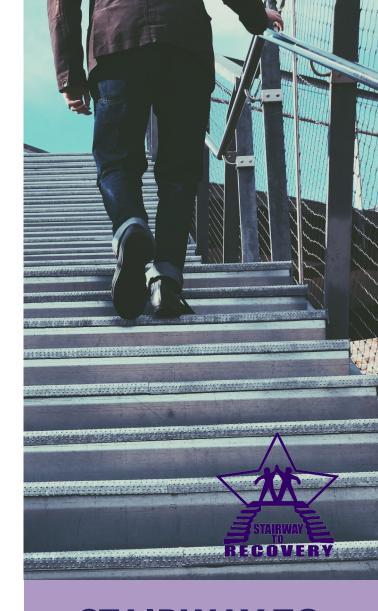
90 Main Street Brockton, MA 02301

Follow us!



www.gandaracenter.org





# STAIRWAY TO RECOVERY

A safe place for peers to come together and engage in recovery

#### WHO WE ARE

Stairway to Recovery Peer Engagement Center offers a variety of peer run groups, space for outside groups, and a peer focused recovery environment. Other offerings include:

- Morning Motivation
- Relapse Prevention
- Spirituality and Recovery
- Peer Network/Mentoring
- Life Skills/Resumé Building
- Social Events
- Women's and Men's Support Groups
- Re-entry Support
- New Member Orientation
- Narcotics Anonymous
- Health Fairs
- Volunteer Opportunities

## PEER TO PEER RECOVERY SUPPORT

The main goal of the peer-topeer model is to engage and encourage peers in recovery from substance use to learn to live a more productive life, and share their knowledge and experience with other members of the center, creating an environment where one peer helps another. Staff are on site all times during open hours, but play a minimal role. The heartbeat of the center is one peer helping another. Staff is available to also provide any additional resources that may help peers in this process.

### **ADVISORY BOARD**

In addition to peers engaging one another and creating an environment of change, a Members Board has been established. The board holds the responsibilities of listening to the ideas of the community of members at the center, organizing and developing

these ideas, and collaborating with staff and the community at large to make the center a success.

### **NOW OFFERING**

- Recovery Coaching
- Gambling Ambassadorship
- Re-Directions Offender Re-entry Program

### **HOURS**

Monday through Thursday 8:30am to 5:30pm

> Friday 8:30am to 8:00pm

> Saturday 9:00am to 3:00pm

> > Sunday Closed

